

## **PE**

### **Intent**

At Clara Grant, we know that P.E. is an integral part of our curriculum. We want to inspire all children to succeed and excel in physically-demanding activities and help them to become confident in a way which supports their health and fitness throughout their lives. As a result, we believe that our children should be physically active every day, whether through daily physical activity, Mile-a-Day, Fit in 5 activities between lessons, P.E. lessons, break times or extra-curricular activities.

Following the aims of the National Curriculum for physical education, we ensure that all children: develop competence to excel in a broad range of physical activities, are physically active for sustained periods of time, engage in competitive sports and activities and lead healthy, active lives.

### **Implementation**

P.E. is taught at Clara Grant as an area of learning in its own right as well as integrated where possible with other curriculum areas in overarching topics. It is often taught by the PE Coordinator. In Year 5, children have weekly swimming lessons at the local swimming pool where they have the opportunity to achieve national Swimming Levels. We teach PE lessons so that children: have fun and experience success in sport; have the opportunity to participate in P.E at their own level of development; develop good sporting attitudes; secure and build on a range of skills; understand basic rules; experience positive competition; learn in a safe environment; and have a foundation for lifelong physical activity, leaving primary school physically active, with good sportsmanship skills.

### **Impact**

In order to evaluate the impact and effectiveness of our PE curriculum, we support teachers in their understanding of the expectations of the National Curriculum so that they are confident assessing pupils. We use a variety of strategies to evaluate the knowledge, skills and understanding that our children gain as they progress across the school:

- CPD to ensure that teacher pedagogy and assessment is secure.
- regular verbal feedback pupil voice feedback.
- subject monitoring, including observations, monitoring of planning
- regular low stakes knowledge assessments, using a range of creative approaches.

### **Enrichment**

At Clara Grant, we aim to provide a variety of sporting opportunities. We provide a range of PE-related activities in addition to the class PE lesson. These encourage children to further develop their skills in a range of the activity areas and specific sports. PE enrichment activities at Clara Grant include:

- Sports Day at Mile End Stadium
- Mile a Day
- Lunchtime Football
- Lunchtime Girls Football
- After school Football Club
- After school Badminton Club
- After school Dodgeball Club
- SEND Sports Day (collaborating with external agencies)
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- Black History dance workshops