



# Clara Grant PSHE Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 1
Nursery	Settling In and All About Me: Making a friend, building relationships with adults		Building Emotional Vocabulary (Mood Metre); Oral hygiene	Keeping Safe	Friendships	Recognising Feelings and Emotions
Reception	Settling In and Me and My Family: Sharing who they are and what makes them special		Working Together being collaborative	Personal Hygiene	Respecting Others	Managing feelings and emotions
Year 1	Being Me in My World <i>(rights and responsibilities of my class)</i>	Celebrating Differences <i>(we are all special and unique)</i>	Dreams and Goals <i>(succeeding in new challenges)</i>	Healthy Me <i>(keeping my body healthy)</i>	Relationships <i>(appreciating someone special)</i>	Changing Me <i>(how I feel about moving to Year 2)</i>
Year 2	Being Me in My World <i>(rights and responsibilities of my class and school)</i>	Celebrating Differences <i>(valuing differences)</i>	Dreams and Goals <i>(working collaboratively)</i>	Healthy Me <i>(healthy food)</i>	Relationships <i>(resolving conflicts)</i>	Changing Me <i>(how I feel about moving to Year 3)</i>
Year 3	Being Me in My World <i>(rules, rights and responsibilities)</i>	Celebrating Differences <i>(words, feelings and compliments)</i>	Dreams and Goals <i>(evaluating, identifying and sharing success)</i>	Healthy Me <i>(keeping safe)</i>	Relationships <i>(how people around the world help influence my life)</i>	Changing Me <i>(expressing feelings about change and moving to a new year group)</i>
Year 4	Being Me in My World <i>(having a voice and democracy)</i>	Celebrating Differences <i>(accepting people for who they are)</i>	Dreams and Goals <i>(planning and setting new goals)</i>	Healthy Me <i>(dealing with pressure)</i>	Relationships <i>(opinions on animal rights issues)</i>	Changing Me <i>(reflecting on the changes I would like to make in Y5)</i>
Year 5	Being Me in My World <i>(how to participate in democracy)</i>	Celebrating Differences <i>(bullying, support and change)</i>	Dreams and Goals <i>(dreams and goals of children in other cultures)</i>	Healthy Me <i>(food and body image, valuing my body)</i>	Relationships <i>(staying safe when using technology to communicate)</i>	Changing Me <i>(how our bodies change during puberty)</i>
Year 6	Being Me in My World <i>(having a voice benefits the school community)</i>	Celebrating Differences <i>(differences as a source of conflict and cause for celebration)</i>	Dreams and Goals <i>(making the world a better place)</i>	Healthy Me <i>(evaluating alcohol use)</i>	Relationships <i>(power and control, standing up for yourself and others)</i>	Changing Me <i>(different kinds of relationships)</i>