



Clara Grant PE Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 1
Nursery	Using the climbing frame and bikes safely; running, dodging and stopping		Dance responding to music and moving in different ways	Dance Moving to music based on how it makes them feel	Ball Skills	Games
Reception	Travelling in different ways: rolling, sliding, skipping, moving fast and slow		Coordination	Dance	Gymnastics	Games
Year 1	Running & Games	Kicking & Football	Throwing & Indoor Athletics	Jumping & Gymnastics	Striking & Mini Tennis	Catching & Athletics
Year 2	Running & Games	Catching & Netball	Throwing & Dodgeball	Jumping & Dance	Striking & Rounders	Bouncing & Athletics
Year 3	Kicking & Football	Bouncing & Basketball	Jumping & Gymnastics	Running & Outdoor Activities	Catching & Cricket	Throwing & Athletics
Year 4	Striking & Hockey	Throwing & Netball	Jumping & Dance	Catching & Volleyball	Striking & Tennis	Running & Athletics
Year 5	Throwing & Tag Rugby	Catching & Handball	Swimming	Swimming	Swimming	Swimming
Year 6	Kicking/Striking & Football/ Hockey	Throwing/Catching & Tag Rugby/ Netball/Basketball	Jumping & Street Dance	Catching & Dodgeball	Striking & Badminton	Running & Athletics